



**GRIDLOCK SAM**  
is once again spreading the word for CFDLI

**MONDAY, SEPTEMBER 22, 2025**

# Breeze on down the road!

Join us for Long Island's **13<sup>TH</sup>** Annual Car Free Day!

Car Free Day is an international event celebrated every September during which people are encouraged to use alternative modes of transportation such as taking mass transit, carpooling, biking, walking and telecommuting. Using cars less helps reduce traffic, improve air quality, conserve energy, minimize harmful emissions, lessen parking problems and save money!

Join the many companies, colleges and other organizations on Long Island who are encouraging their employees, students and members to pledge to be car-free or car-lite.

**TAKE THE PLEDGE FOR A CHANCE TO WIN GREAT PRIZES AT CARFREEDAYLI.COM!**



SCAN ME

For more information, visit [carfreedayli.com](http://carfreedayli.com) or call 516-242-8121



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